

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Louis Pranshoe

Has successfully participated & completed the

10kmTRAIL Run Kariega Trail Run 2018

held at Southwell Cricket Field.

**TIME** 01:05:29

**PACE** 06:31/km **OVERALL** 16 of 94

29 December 2018, Sat

Date

**GENDER** 12 of 49

**OPEN** 8 of 25



BoutTime

Signature